

Best Practices

2017-2018

"Best Practice makes the impossible possible"

Best Practice 1: Welfare Activities conducted by the College

Title of the Practice: Welfare Programme: A Philanthropic Initiative

Objectives of the Practice:

- We aim towards the betterment the society beyond the premises of the college by reaching out to the underprivileged and empowering them with awareness. Following the basic motto, "Not Me, But You", the Institution makes the best possible efforts to bring about meaningful changes in the society, hereby contributing to the process of nation building.
- We strive towards inspiring the majority of the students to render services to the community. The Institution tries to inculcate among the students the moral values of generosity and benevolence and encourages them to render service to the community with sincerity and dedication.

The Practice

- The college has two active NSS Units, Unit 1 and 2, under the leadership of two programme officers. Both these units actively engaged in philanthropic activities within and outside the college. Some of these are
 1. Interactive session with the destitute children of Ashiyana, Dumdum Cantonment on 22/1/182. HIV and Thalassemia and Blood Donation Camp of college students on 27/03/18.
 3. Seven Days Special Camp including Free Health Check-up and Free Eye-Check-Up Camps, Cleaning of College Campus and its surroundings, Special Motivational Lectures on: "Character Management", "Healthy Habits", "Woman Empowerment", "Ragging" were carried out between 12/2/18 and 20/2/18.
 4. An awareness lecture on vector borne diseases, HIV/AIDS/Thalassemia was conducted by Units 1 and 2 on 9/9/17

- The college has an active extension and outreach committee that carries out several welfare programmes:

1. Philanthropic activity to support the backward and under privileged people of wards 12 and 21 under North Dum Dum Municipality was carried out by Extension and Outreach Committee on 28/2/18.

2. A health camp, organised in Sasanbera Shimla Adivasi Vidyalaya, Bandwan, Purulia was carried out by the Extension and Outreach Committee in collaboration with Innovation and Best Practices Committee and IQAC on 7th and 8th April, 2018

- The Departments of the college dedicatedly engage themselves in upholding the Institutional Social responsibility:

1. The Department of English undertook a philanthropic activity for the under-privileged children in KobiNabin Nagar GSFP School entitled "Just for a Smile" on 23/3/18.

2. The Department of Zoology organised an Extension programme on Pollution Awareness at Narayanpur High School, Bira on 7/5/18.

3. The Psychological Counselling Cell of the Department of Philosophy conducted a visit to Aghorbaba Briddhabash on 2/6/18.

BEST PRACTICE 2: Activities related to health issues conducted by the college

Title of the Practice: Health Issues : Body and Mind

Objectives of the practice:

- Physical and mental health are integrated and reciprocatory factors influencing better living.
- It's a sincere endeavor by the college to explore the interrelationship between the physical and mental health of all the stakeholders for a better all-round development.
- In today's world risk of health is not only physical rather stress and anxiety are affecting our lives as well as our overall development. Catering this our college is aiming to develop an integrated development approach to its stakeholders to fight out the day to day challenges.
- The college strives towards inspiring the majority of the students to be instrumental in developing a balanced community health.

The practice:

The Department of Philosophy had organized a workshop on 8.9.2017 on the topic "Mental Health and Wellbeing: sensing and intervention. Sri Bidyut Km Banerjee, secretary, Manabik and Smt. Sraboni Seal, counsellor, were the resource persons of the event.

The Indian Red Cross Society, MDM unit had organized a Workshop on 18.9.2017 on the topic "The History of Indian Red Cross Society YABC(youth as agent of behavioral change) Movement"

A three day First Aid Training Programme was held under the able guidance of Indian Red Cross Society, MDM unit from 20th September to 22nd September 2017.

The department of Anthropology had organized a special lecture programme on 8.12.2017, on the topic "Public Health Nutrition in India: Role and Prospects in Anthropology and Tribal Food Behavior and Culture". Dr Raja Chakraborty ,associate Professor,from Dinabandhu Mahavidyalaya and Dr SamiranBisai, deputy director CRI were the eminent speakers.